



GALLANG PLACE
 Aboriginal and Torres Strait
 Islander Corporation
 ICN - 2076

57 Southgate Avenue
 Cannon Hill Qld 4170
 07 3899 5041

email: reception@gallangplace.org.au
www.gallangplace.org.au

GALLANG PLACE



About Gallang Place

Gallang Place Aboriginal and Torres Strait Islander Corporation was established in 1994 to meet the emotional and social health and wellbeing needs of the Aboriginal and Torres Strait Islander community.

We are a not-for-profit organisation governed by a Board of Aboriginal and Torres Strait Islander Directors who are elected by our membership.

Our Name

“Gallang” is a word from the *Jagera Nation* and means “healing”. Permission was granted by Jagera Elder, the late Senator Neville Bonner AO to use this word for our counselling service.



Feedback or Concerns

All our helpful staff members at Gallang Place are dedicated to providing the best possible service to our clients.

If you have ideas or suggestions for improvement or want to thank our staff, feel free to contact us by phone, post or email.

If you have a grievance or complaint about the way we have handled your counselling or support needs, we want to hear from you as we take this very seriously.

Please refer to **Our Promise To You** brochure for further information.



Employee Assistance Program



for Aboriginal & Torres Strait Islander People



What is an EAP?

An Employee Assistance Program (EAP) is a free and confidential service offered by an employer to their employees to support their well-being in the workplace and in their personal lives.

Employees can be impacted by a range of work-related or personal issues, or work-life stressors that are impacting their health and wellbeing and work performance. Experience has shown that when people seek assistance to overcome their challenges, they emerge as happier, healthier and more productive employees.



We Can Help...

Gallang Place EAP offers culturally sensitive and trauma aware counselling support for issues such as:

- ✓ Anxiety, stress or depression
- ✓ Pressures in the workplace or at home
- ✓ Unable to meet deadlines, absenteeism
- ✓ Relationship issues with your partner or other people close to you
- ✓ Family challenges such as raising children or bereavement and work-life balance
- ✓ Conflict with people at work
- ✓ Financial stress
- ✓ Addictions
- ✓ Critical incidents or organisational change
- ✓ Redundancy counselling
- ✓ Dealing with difficult people (including Bullying)



Why Gallang Place?

Gallang Place's Employee Assistance Program (EAP) is an independent, professional, confidential and solution-focused counselling service specifically designed to assist Aboriginal and Torres Strait Islander employees and eligible family members.

Our EAP service employs qualified and experienced Aboriginal and/or Torres Strait Islander counsellors, who have deep understanding and respect for community and culture to fully appreciate and support your healing needs.

You will be treated with honesty, respect and your privacy and confidential information will be protected.

Contact us.

To make an appointment or seek further information on how we can help, please feel free to call us between 8:30 am - 4:30 pm Monday to Friday on:

Telephone 07 3899 5041

Appointments can be held at Gallang Place office or over the telephone, or if practicable at your workplace or in a place you feel comfortable.